

Stroke in Illinois Fact Sheet

Stroke is the third leading cause of death and a leading cause of disability in the United States. This fact sheet describes the burden of stroke in Illinois.

Scope of the Problem

It is estimated that 209,372 people in Illinois are living with the aftermath of a stroke.¹

In 2005, 39,551 stroke patients were discharged from hospitals in Illinois, of which 51.1% were released home.²

In 2006, over one billion dollars were spent in Illinois for 39,601 stroke hospitalizations.*

In 2005, an estimated 47.3 per 100,000 people died of stroke, which is 6,232 deaths.³

In Illinois, the age-adjusted stroke mortality for white men was 45.7 per 100,000 compared to 44.0 per 100,000 for white women in 2005.³

In Illinois, the age-adjusted stroke mortality for

other men was 63.1 per 100,000 compared to 54.9 per 100,000 for other women in 2005.^{3, 4}

Stroke Risk Factors⁵

High Blood Pressure

In 2007, 27.9 percent of adults surveyed in Illinois said they have hypertension.

Diabetes

In 2007, 8.8 percent of adults surveyed in Illinois were told by a doctor they have diabetes.

High Blood Cholesterol

In 2007, 36.7 percent of adults surveyed in Illinois reported they have high cholesterol.

Obesity

In 2007, 24.4 percent of adults surveyed in Illinois were obese (BMI of 30 or greater) and 37.6 percent overweight (BMI of 25.0 - 29.9).

Cigarette Smoking

In 2007, 20.2 percent of adults surveyed in Illinois were current smokers.

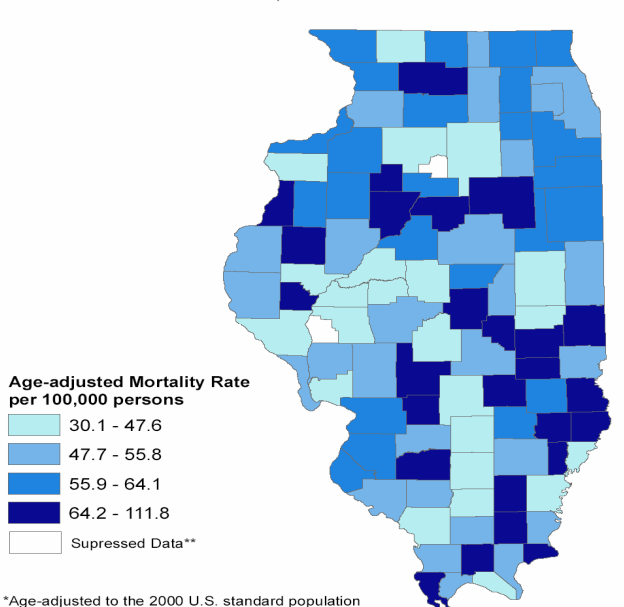
Physical Inactivity

In 2007, 22.7 percent of adults surveyed in Illinois reported that they are not physically active (do not get any exercise).

Poor Nutrition

In 2007, 74.9 percent of adults surveyed in Illinois reported eating less than five fruits and vegetables per day.

Age-adjusted Three Year Mortality Rates* for Stroke by County Illinois, 2003 to 2005



*Age-adjusted to the 2000 U.S. standard population
**Data Suppressed for counties with fewer than 10 deaths
ICD-10 codes: I60 - I69

Sources: IDPH Illinois Center for Health Statistics and IDPH Division of Chronic Disease

Notes and References

1. Illinois Point-In-Time Survey, 2006.
 2. Illinois State Hospital Discharge Data, 2005 and 2006.
* \$ 1,160,370,926. 03
 3. Illinois Department of Public Health, Illinois Center for Health Statistics, 2005.
 4. Illinois stroke mortality data for race/ethnicity are grouped as "white" and "non-white." Therefore, data for black men and black women are not available.
 5. Behavioral Risk Factor Surveillance System, 2007.
- Last updated: 12/08

